

REDLAND CITY BANDS INC

NEWSLETTER

As both our RCB President – George McDonald and Vice-President – Tjaart van der Walt are away at the present time, I have put together the following opening article. I hope you enjoy it!

Aware that 2014 marks the 30th anniversary of our Band's story, I daringly and with great courage, opened a dusty box stored in the back room of our Rehearsal Hall, one which I thought might hold our oldest records. In that I was disappointed, but what I found was the 1988 4th annual Report – printed in booklet form, especially in honour of Australia's bi-centenary. It is quotes from this that I thought to share with you here, including some comments from the 'peanut gallery'!

Extracts from the Shire Chairman Cr. M.A.E. Genrich:

"It gives me great pleasure to take this opportunity as Patron of the Redland Shire Band to once again congratulate everyone associated with its presentation. Not only the Senior Band this year has made its presence felt – Nambour Contest for example – but also the Junior Band who especially have achieved memorable recognition in the Wynnum Eisteddfod and Nambour Contest."

Extracts from the President – Bob Cole – Report:

"The Band is grateful for the continued support given to the Band by the Redland Shire Council and to Jack McGregor of Oldham Toyota, without whose support the Band would not be able to achieve the level of activity which is currently being provided, be it the Brass Band or the Training Band.

The 1987 Band year has also seen the commencement of a Concert Band, under the auspices of the Brass Band. The first rehearsal was held on the 28th January, under the direction of Mr Edward Kennedy.

...

I would like to touch on a number of factors ...

A. The Band is beginning to develop a sense of tradition. However, traditions do not come easily, and the organisation is bigger than any individual within its ranks. ...

B. I am concerned that the Redland Shire Council, or should I say some individuals within or associated with the Council, are unaware of what a valuable resource the Band is to the people of the Redlands. I express this concern in that I don't believe the Council is using the Bands enough for the many and varied activities the Shire has on during the year. By way of example, the Band travelled recently to play on Australia Day at Tamborine Mountain, because no invitation was forthcoming from the Redlands, despite having attended a public meeting during the second half of the 1987, at which we declared our availability for such activities.

Ok, we were just a 'shire' in those days.

*'Senior Band
Junior Band
that's 2...*

Toyota eh? Wonder if ...?

*Brass Band
Training Band
that's 4...*

*Concert Band
that's 5 ...*

Go Ted!

*So... put that in your
pipe (tuba, trumpet or
saxophone) and...well...*

*Oh... is this you in an
earlier life John A?*

*Oh... crikey... this is
getting spooky...*

C. The Band is gaining a reputation as being one of the up and coming Bands. To this end the Band is travelling to Sydney at Easter 1988, to compete. The fact is that competition in Queensland is sadly lacking, and this is reflected in the standard of Queensland Bands when compared to interstate Bands. The Band should make representations to the Council and corporate entities to hold a State Championship, in the Redland's area, probably in 1991/2, but planning should start now. In addition, every effort should be made to compete in at least two major championships each year, to continually improve the overall standards. ..."

Financial report extract (O.C. Brandon – Treasurer):

"...An account for the purchase of Timpani was opened, and was closed early in 1988 on the arrival of the said instruments.

From 1988 Financial Statement:

Total Receipts – \$31026.37 (including – Calendar Sales \$339.25; Christmas Card Sales \$29.50 Bank Interest \$83.08 etc);

Total Expenditure – \$31 026.37 (Calendars NIL; Timpani account – \$500)

Extracts from Report by Musical Director – Perry Axford:

On looking back over the past 12 months, I feel that we have had a wonderfully mixed bag of musical highlights. ...

In the presentation of our three concerts for the year, we achieved very mixed results. In April, we presented "Dances from Around the World", musically and financially a success. Our joint concert with "Scat" in July was a most satisfying musical experience and arguably the best playing that the Band has achieved to date. Everybody worked hard at the music, unfortunately the Chandler venue proved to be a non-event for the public, although over 600 people attended, we ran at a loss.

...

In finalising this report, may I express my thanks for the support which the Band members give to our various activities. To cite an instance, all our rehearsal this far into 1988 have been well over a 90% attendance rate which augers well for our lead up to the nationals for Easter.

*Uh Sydney?
What do you bet - this
guy comes from NSW?!!!*

*I wonder did this ever
happen?*

*Oh not Eisteddfods again
... please!*

*I just had to include this
one!*

*Wow! Remember the 2012
figures? Income -
\$33455; Expenditure -
\$33018.*

*The Timps - at that price
- must have come from
Vinnies.*

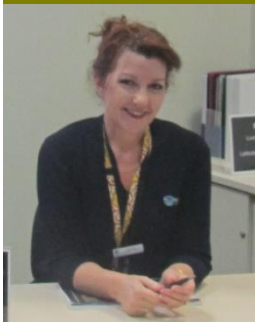
*'Scat'? No idea who or
what this is...*

*A loss with 600 people?
Who where they all?
Band people?*

*Hang on... 90%
attendance! This report
is written in February.
How many rehearsals
have you had Perry?!!
Cheap trick!*

Thanks to the efforts of the many who have been the forebears of today's RCB organisation.

LOCAL HISTORY in the REDLANDS



Leonie Taylor is currently Cleveland Library's Local History and Heritage Librarian (LH&HL). As such, she is very willing to receive into the local history collection any and all resources we, as a community Band, have in our collection. Once 'in' the Library collection, these resources can no longer be removed for loan, but – on request of the LH&HL – are always accessible to anyone for purposes of



research, or just enjoyment.

It is worth your knowing that our Newsletters – past, present and future – will appear in the public catalogue of the Library, once this site is operational. To contact Leonie, her email address is:

leonie.taylor@redland.qld.gov.au



CONCERT BAND REPORT



Two Concerts in August

Two concerts to mention in this newsletter. August 4 saw the band down at the Adventist Retirement Village at Victoria Point for a one-hour event. It's the first time the Band has performed at this venue, and, judging by the positive reception the Band received, it won't be the last. The program was highlighted by a performance of the 3rd movement of the Haydn Trumpet

Concerto by Tim Reed. This is probably the most famous and most performed of all trumpet concertos, and Tim did the piece justice, with a first-class performance of this non-too-easy solo.



Traditionally, Seniors' Week in the Redlands comes to an end with a concert by the Concert Band, assisted

by other groups invited to complete an afternoon's program. This year, as in several previous years, the concert opened with a series of well-known tunes from the ever popular Inaccord, the incredibly busy group from the

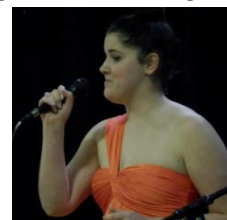
Band. Inaccord is always a magnet for the audience, given their fame in the district, and their contribution to this concert was up to its usual high standard.



The barbershop group, Bayside Harmony, directed by Band member Nick Ellis, was the other group to be invited to perform, having been part of a successful band concert earlier in the year. Their presentation opened with Jim and the Tonics, a quartet from the group, who entertained with their light-hearted singing and informal comments throughout. After the interval, the whole Bayside Harmony chorus delighted the audience, not only with their singing, but with their range of music. The enjoyment the Barbershop men have in their singing is readily conveyed to the audience and is reflected in the appreciation shown by the audience. Bayside Harmony have undoubtedly booked themselves in to future Concert Band concerts.



The final part of the afternoon was taken up with the Concert Band presenting a selection of some familiar and several less well-known pieces. Once again, the audience appreciated the music and the presentation. One particular item, the Serenade, by Derek Bourgeois, was a challenge for Band members and conductor alike, as it involved frequent metre changes and playing in the unlikely time signatures of 3/8, 7/8, 11/8, 12/8 and 13/8. This item was conducted by Band member Louise McGill, who prepared the Band well, enabling it to give a convincing performance of this delightful piece, originally written for a string ensemble for the composer's wife on their wedding day.



The Band pieces were interspersed with two vocal items from local soprano Kate Stuart, who has sung in our concerts before. Both of these solos were sung with band accompaniment, giving an extra dimension to the skills needed in band playing. Kate charmed her audience once again with her beautiful voice and her tasteful singing of her two songs. One of these songs, 'Don't Be Cross', was in an arrangement made especially for this Band, transcribed from the piano edition, and enlarged for the whole Band.

Thanks are due to augmenting players in the Concert Band – Lisa Warren (tuba) and Sam Marsden and Fletcher Horne (trumpets). Allen Clark, rather than conducting his Wind Ensemble at a concert, displayed his wide-ranging skills as MC for the afternoon. Overall, the Seniors' Week could be rated an excellent event, with a suitable variety of music presented in first-class fashion to a very appreciative and full audience. It is pleasing to note that we have quite a number of loyal supporters from the general public for our concerts, and there were many familiar faces at this event.

Future events for the Concert Band

Future events for the Concert Band are:

October 23: A Wednesday evening concert at Tranquil Waters Retirement Village

November 17: The end-of-year concert by all concert bands in the Smith Street Assembly Hall

Also, some time in November, possibly a Christmas concert at the Adventist Retirement Village in Victoria Point.

Date: TBA. December Carol events in the Redlands area. Two or three of these. Dates: TBA

Band members: Please note that dates for important concerts in 2014 have been decided, and have been emailed to Band members. Write these dates in your diaries and refer to them next year when you plan other non-band events, to avoid double-booking, as has happened from time to time this year. Note that, historically, 2014 is an important year. It will be 100 years since the start of World War I, and, on June 6, it will be 70 years since the D-Day invasion of Normandy.

A holiday in China

Please note also that I will be absent for several weeks in late September and October, checking out the concert band scene, if any, in China. During my absence, the Band will be directed by Louise McGill, who will conduct at rehearsals and prepare and conduct the Band at Tranquil Waters. There will be NO rehearsal on September 25, as Louise will be in Tasmania on that date. Consequently, you will be able to stay at home and have a look at Wednesday night television and come to the intelligent conclusion that attendance at band rehearsal is infinitely a better option!

Thank you for your support of the Concert Band.

John Allen

CORE CONDUCTOR'S PROGRAM

Two years ago, Louise McGill graduated with a degree in Music and Education and has developed a keen interest in conducting.

In September Louise will be heading down to Tasmania for the Core Conductors programs run by Symphony Services International. She will be observing internationally renowned conductors as they provide workshops and master classes using the Tasmanian Symphony Orchestra.



Happy conducting Louise

KIRSTEN – OFF TO JAPAN

After 7 years at Redland City Bands, I'm off to take up a job teaching English to young people in Kumagaya in Japan. Kumagaya is a city in Saitama Prefecture and is about an hour away from Tokyo by train.

I've played in both Wind Ensemble and Concert Band and have thoroughly enjoyed it. I started out on flute and lately I've also been playing piccolo in the Concert Band. John Allen has thrown me a number of challenges on the piccolo but my favourite one would be 'The Stars and Stripes Forever' by John Philip Sousa. While looking forward to my new life in Japan I will miss the friends I have made in the bands.

I'm planning on taking my flute with me to Japan (provided it fits in my suitcase) and I hope I can find a band to play with in Japan. I'm sure I'll be back in Australia and when I am I will pop in and say hello!

Good wishes from the RCB for the next stage of your journey Kirsten



"There are two golden rules for an orchestra", wrote Thomas Beecham, the one-time famous English conductor. 'Start together and finish together; the public doesn't give a damn what goes on in-between'."



REPORT

SENIOR'S WEEK 2013



Inaccord experienced a very successful Seniors' Week, playing in Victoria Point in front of Kmart and in front of Aldi, at Capalaba Central between the food court and the Coffee Club and in front of Coles in Stockland Centre in Cleveland. We also played at a Seniors' afternoon tea sponsored by Cleveland Meals on Wheels at Ormiston. At all centres we were well received and played to appreciative audiences. We believe that a number of patrons at the Sunday 25th concert were there as a result of our invitation.

We have especially happy memories of Capalaba Central and Stockland and the response of our audiences at those two centres. Our memory of the concert in front of Aldi is not so happy. We had a small number of appreciative listeners, but the west wind blowing through the walkway in front of the cinema entrance directly into our faces as we sat in the shade under the awning did not entice many people to sit and stay for long.

We believe we fulfilled our duty in the Sunday Concert and were happy to receive comments such as "could have played for longer". We always enjoy Seniors' Week.

Glen Vieritz

THE BAYSIDE HARMONY CHORUS



The chorus at a recent outdoor engagement at St Luke's, Capalaba

The Bayside Harmony Chorus has been delighted to share the stage with the Redland City Concert Band at two of their concerts this year. As the chorus's musical director, I'm happy to accept Ayla's invitation to tell you

something about the chorus and the kind of music we perform.

The chorus formed in March 1994, which was very lucky for me because I had only just emigrated to Australia the previous month. From the very start, we were keen to get performance opportunities, and I suspect that over our 19 years we have sung in most church halls, shopping centres, retirement villages and nursing homes around the Redlands. The chorus has also participated in Redland, Wynnum and Brisbane eisteddfods and has travelled to Brisbane, the Gold Coast, Sydney, Melbourne, Hobart and Perth for every biennial national barbershop contest since 1995. Most years Bayside Harmony puts on an annual show around November where we invite other performers. And Christmas is a very busy time when we dust off our carol repertoire.

Our original director was Lew Callow, whom you may know as a saxophone player in the Big Band. Lew was instrumental in organizing a combined 'band and barbershop' performance with the then Redland Shire Bands back around 1999. We performed *The Battle Hymn of the Republic* and (with the ladies of Redland Rhapsody) *A Concert Celebration* of the music of Andrew Lloyd Webber.

Experienced Quartet

Bayside Harmony has always been active in encouraging quartet activity within the chorus. Jim and Tonics, one of our most experienced quartets, has been entertaining for several years now and are very popular wherever they go. Like Inaccord, they bring in a substantial amount of income for the chorus from venues suited to a smaller group. When we go to national convention, I always make sure to compete in a quartet. The last one was Lads and Dads, a mixture of young and not so young! Here's a picture of us performing a Beach Boys medley at our annual show.



We sing in a style of four-part male-voice unaccompanied harmony called 'barbershop'. The four parts are lead, tenor, bass and baritone. The leads carry the melody; their role is to tell the story through the lyrics. The basses provide the foundation of the four-part chord giving support for the other three parts; basses focus on making a resonant sound. The tenors sing above the lead, which is a defining characteristic of barbershop; they are not Pavarotti-style tenors though – rather a very light tenor, often using falsetto.

The baritones sing in the same range as the leads and provide a kind of counter melody; they have to be quite mindful of balance, singing like basses when below the leads and like tenors when above the leads. Most people can recognize the barbershop style when they hear it, but the musicologists among you might like a definition, so here goes: **Strict barbershop music is mainly consonant (i.e. all parts singing the same words) and works within a traditional framework of chords (major, minor, sevenths, ninths, diminished) with progression around the circle of fifths with the melody being an inner part of the chord.**

We perform all our songs from memory. We try to get 'off the page' quickly so we can concentrate on the interpretation and the blend. We also work on the visual aspects of the performance to make it interesting for the audience. This might involve choreography for the up-beat numbers, or simply making sure we are telling the story with our faces for a ballad.

Most of our singers claim not to read music. '*How do we learn our music?*' I hear you ask. We use teach tracks that have the particular voice part on the left channel and the other three parts in the right channel. The iPod is our friend: we listen to them over and over again, until the song is committed to memory. It is actually quite an effective way to learn.

Weekly Rehearsals

At rehearsal we start with some physical stretches and vocal warm-ups. After that we might work on some new songs by singing from the printed music. But most of the rehearsal we spend singing on the risers, without the printed music, concentrating on how we sound and how we look. Balance is a big thing with us: we try to make sure the biggest sound is coming from the lowest parts but that the melody can still be heard. Tuning is crucial



too, which means every singer has to listen to what's going on around him. We have a saying: one mouth, two ears – use them in that proportion.

The only instrument we use is the pitch pipe. We blow it at the start of a song to establish the key, and everyone has to figure out his notes from there on! We spend a lot of time developing this skill. As a novice trumpeter in the band, I must confess I miss the security of the pitch pipe.

We practice every Tuesday night from 7pm at the Cleveland High School. We are always very keen for new people to come and try it out. The only requirements are an ability to sing in tune and to hold your part. So if you are male, young or old, and you want to give barbershop a try, please do!

Nick Ellis

St Peter was checking IDs at the Pearly Gates. He asked the first person in the queue: "What did you do on Earth?" The man replied, "I was a doctor." St Peter says, "OK, go right through those Pearly Gates. Next! What did you do on Earth?" "I was a school teacher." came the reply. "Go right through those gates." says St Peter. "Next! And what did you do on Earth?" "I was a musician." "Go around the side, up the freight elevator, through the kitchen ..."



W. Cassells, Macgregor

STAGE BAND REPORT



It's been a great pleasure to be working with the Redlands City Stage Band for the past few months. Our line-up is almost complete apart from Trombone 3 & 4 and the band is producing a great sound which is improving all the time.

During the time I've been with the band, we've had two playouts. Our first was at the Ignite Festival 15/06/13 in Cleveland where we shared the stage with the Wind Ensemble. We played for half an hour and entertained the crowd with 7 songs including *House of the Rising Sun*, *Don't Be Cruel*, *Macarthur Park* and a vocal number, *I've Got You Under My Skin*.

Our second playout was for the Redlands Classic Ride, organised by the Rotary Club of Redlands Bayside. We played two sets of about half an hour each sharing the stage this time with the Redlands Highland Pipe Band. Together we welcomed cyclists back from their rides of up to 100km long. We had a great time, and even though it didn't seem like we were playing to much of an audience, our playing was well received and appreciated by all.

Next time we play will be at the St Gabrielle's Fete on 27 October.

Musical regards Kym Hall

IT'S A LONG WAY TO TIPPERARY – Quick March

J. Judge & H. Williams, Arr. by Shipley Douglas

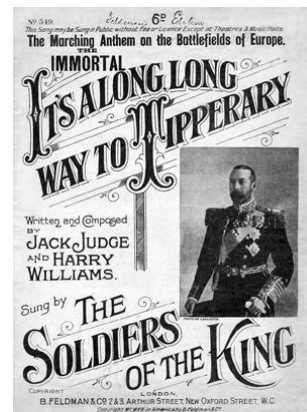
Song's Centenary

A song which helped keep up the spirits of First World War troops as they marched through France has celebrated its centenary. *It's a Long Way to Tipperary* was written in a pub in Stalybridge, Cheshire.

Musical hall entertainer Jack Judge accepted a five shillings wager that he could not produce a song ready for performing the following day. He was successful and *It's a Long Way to Tipperary* was the result.

Stalybridge Historical Society organised a series of local events celebrating the anniversary. The song was performed in the town centre and there were exhibitions celebrating the song and the songwriter.

For anyone who is unfamiliar with the lyrics, *It's a Long Way to Tipperary* tells the story of an Irishman who goes to London to make his fortune, leaving behind the girl he loves.



Geoff Wood, Diggle, Oldham, Lancashire

GOOD NEWS FROM THE GRANT SUB-COMMITTEE

Councillors' Small Grant

Our recent application to the **Redland City Council** for **\$3000** funding from the **Councillors' Small Grants** scheme was **SUCCESSFUL!**

This money is to be used for:

1. A Trophy Cabinet – already purchased and assembled thanks to Property Officer Allan Guldbaek
2. Hall Hire and expenses for our presentation of the very enjoyable Senior Citizens Concert on Sunday 25 August
3. A new (more comfortably padded) Drummer's Stool and a Snare Drum Stand
4. Purchase of at least 18 new chairs to increase our seating capacity for future concerts held in the band room.

Other Grant Applications

The other grant applications we have submitted are:

Gambling Community Benefit Fund from the Qld Govt, (submitted in May 2013, outcome date this November)

PROJECT: Music Stands with lights, and trolleys for the stands.

Organisation Support Grant from Redland City Council, (submitted 16 August 2013, outcome date end of October). **PROJECT: \$3000 to employ a Facilitator to develop a Strategic Plan for our Organisation.**

Jupiters Casino Community Benefit Fund from the Qld Govt, (submitted 19 August 2013, outcome date January 2014) **PROJECT: Risers (portable platforms) with trolleys and timpani trolleys.**

Thank you to Tjaart Van Der Watt, Allan Guldbaek, Luke Kinman and Ayla Relf for all your ideas, input, quotes and diagrams.



THANKS go to George McDonald –President; Joy Lovey – Treasurer; Charis Burrridge – Secretary

“Without music, life would be a mistake.”



LAURIE SMITH REMEMBERS ...

Part 3



After a few months (October 1993) the Annual General Meeting was to be held. The Beginner Band players were informed that we were not officially recognised as members of the Redland Shire Band organisation, hence had no status as Band members. We were not covered by insurance of the band, we had no voting rights, but we could attend by invitation.

I talked to one of the permanent Band Members and explained the situation and convinced him and another friend to move a motion at the A.G.M. to have the Beginner Band players installed as full members of Redland Shire Bands. The motion was discussed and the decision was to form a sub-committee of the main office bearers and myself, to attend to the problem. I was elected to chair this sub-committee. In investigating this problem I received a copy of the Constitution of the Band and after reading it found that it could be simplified and revised.

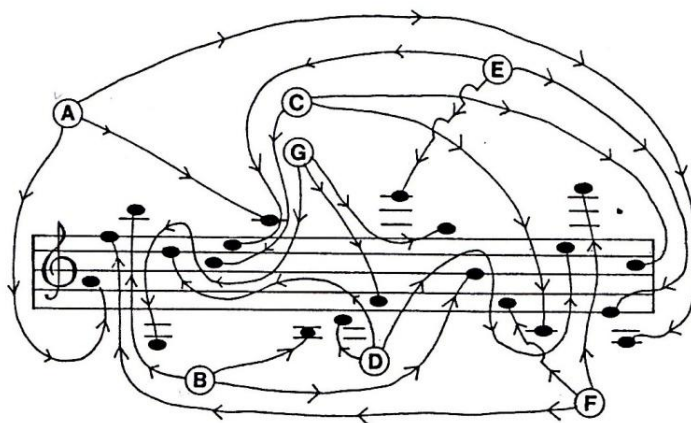
In 1988 when in Melbourne, I was privileged to form a Concert Band for young people in the City of Springvale, to commemorate the Bi-Centenary in that area. A solicitor was engaged to assist in drawing up a Constitution for that Band. That Constitution was then used as a basis for the Redland Shire Band and remains today in the format of the present Redland City Band Constitution.

I became President of the Redland Shire Concert Band

After the Beginners Band was admitted to the Organisation, I was elected as President of the Redland Shire Concert Band. And during my time as President four groups operated, a Stage Band (Jazz), a Concert Band, a second Concert Band for teenagers, and a Beginners Band. We were approached to form a Marching Band for the Anzac Day march. Shirley immediately set about to address that task, including selecting music, convincing the Committee to introduce our green shirt uniform – black trousers/skirts and white hats.

Laurie Smith, Former President. RCB

For those of you struggling to remember the names of the notes in the Treble Clef, here is a simplified reference chart for you.



N.B. Spot the errors!

PLAYER(S) PROFILE

The Jarman Family

The Jarman family's first connection to the band was in 1998, when the eldest of our three sons, Reece, participated in a workshop the band ran. He was so enthused, he immediately joined, and I became involved soon after when asked to help organize a major fund-raising raffle.



In 1999, Reece went back to the Beginner Band to learn a second instrument, and our second son, Tyron, joined him to learn his first instrument. The first night, I sat on the sidelines with a watchful eye. At the end of the night, the conductor, Shirley Goodbar, asked me if we had any spare instruments at home. I replied "Yes, I have a flute I bought several years ago thinking I might like to learn one day when I had time". Her response was "Bring it next week", so I did, and the rest, as they say, is history!

When Tyron went back to Beginners to learn his second instrument, our third son, Kirby, began learning his first, so I went back again to learn a

second instrument too.

I have been playing in the Concert Band now for a number of years, as well as being a founding member of the Marching Band and the Stage Band. I have been a member of the Committee, firstly as a Stage Band Rep, and then for several years as the Vice President. I scaled back my involvement there when Allan and I began doing some extended travel a few years ago.



Allan's involvement began when he was asked by Laurie Smith to "light the barbecue ready for the sausage sizzle" provided as part of the entertainment for a Mother's Day Concert in the late nineties. He cooked the sausages that day, and is still cooking sausages at band functions and fund-raisers all these years later. He towed the band trailer for several years, and has long been one of the volunteers helping run band functions, as well as being one of our regular "roadies".

Over the years, we have enjoyed participating in a activities, including the Spring Festival Band Cafes, catering and directing parking at the Mayor's Gala. family will always remember the laughs we had on Capalaba Bunnings assembling crates of

Social functions such as Band Anniversary Dinners Christmas parties, have been great fun, but the be the entertaining car rally some of us ventured hilarious event that turned out to be!



I've been part my years with "overseas" Stanthorpe

Apple and Grape Festival, and to Toowoomba to march in the Carnival of Flowers parade. Several of the Concert Band's wins in local competitions were very satisfying, while being involved in 2006 in the National Band Championships was a terrific experience, both nerve-racking and exciting at the same time, but very rewarding and lots of fun. I recall also having lots of laughs in the marching band as we practised long and hard for the diagram marching display we did for a Mini Tattoo that formed part of the Seniors Week celebrations one year. Co-ordinating marching and playing at the same



very diverse range of fundraising Bunnings sausage sizzles, and Then too, I'm sure our whole many Friday nights in the rear of wheelbarrows!

and a progressive dinner, and stand out for me would have to out on many years ago. What a

of many memorable gigs during the band. We've done a few play-outs, travelled to several times to march in their



time takes a bit of effort, so adding crossovers with intersecting lines and spiral patterns into the mix made for some comical times during practice, but an even more riotous result during the performance when, as the band split down the middle, somebody turned right instead of left, and then scurried across the void to join their correct half. However, nothing could top the experience of being in the back row of the marching band at the Prins Willem Alexander Retirement Village being closely followed by two smelly, grunting, slobbering camels!

Being members of the band has had a huge impact on our whole family. It has helped shape the lives of our children in a big way, and continues to do so for the eldest two. As parents, Allan and I appreciate the opportunities it has given our children and the wonderful world of music it has helped to open up for them. It was fantastic to see our kids talking with and relating to adults with a maturity beyond their years as they were growing up, and to know that when they were "on the streets" it was because they were marching on them. Speaking for Allan and myself, our lives have been vastly enriched in so many ways through our association with the band, and has given us what I hope will be many enduring friendships.



Thank you Lyn

MUSIC'S A PAIN IN THE NECK

The sound may be sweet, but to many of the musicians, symphony orchestras are a pain in the neck.

The hazards of music as a career are outlined in the latest(?) issue of The Lancet by Australian surgeon Hunter Fry, himself a talented amateur pianist.

Complaints include violinist's neck, cellist's back, double bassist's spine, clarinettist's and oboeist's thumb, bassoonist's hands, flautist's elbow, horn player's and trumpeter's hernia and percussionist's palsy.

Fry studied eight symphony orchestras, including four Australian, three American and one British.

He found that more than half the musicians suffered from overuse syndrome, last century known as occupational cramp.

Fry says musicians should limit practice to, say, 25 minutes and then take a five minute break before starting again.

Also, exercises giving body awareness and control are usually helpful and musicians should have sporting or other physical activities to make up for the hours they must spend in one position.

From whence did this arrive at my desk? Any clues?

Photos taken at BIG BAND'S 'BACK TO THE BALLROOM'



PERCUSSION CLINIC



Rep Melodic Percussion

On Saturday 31st August 2013, Brad Ledger conducted a Percussion Clinic. It was open to anyone who wanted to learn more about percussion instruments. Different techniques were discussed on how to play some of the many and various kinds of percussion instruments.



Brad Ledger – Tutor



Cabasas

What is a percussion instrument?

Any instrument is described as a percussion instrument if, when struck, will produce a sound!

Below, is a list of many (but not all) instruments that would fall into this category for a Concert Band.



Bongos



Wind Chimes



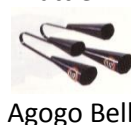
Whistle



Rattler



Jam Blocks



Agogo Bells



Guiro



Bell tree

Who is a percussionist?

To be a percussionist in a Concert band, one may be called upon to play any one of the huge array of instruments. Each instrument has a technique that suits it and which brings out the best tonal sound in support of the given piece of music. Sometimes you are expected to meet level "pp" whilst using the tambourine (eg).



Castanets



Shaker



Vibra-Slap



Finger Cymbals



Maracas



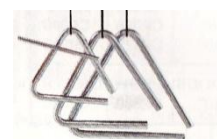
Claves



Tube Shakers



Ching Chok



Triangles



Tambourines



Cow Bells



Egg Shakers



Timbales & Timbalitos



Drum Kit



Timpani



Tubular Bells



Congas



THANKS

*There really isn't enough room in a Newsletter to say **THANKS** to all those people who help out in many ways. From Sausage sizzles to Dances, Concerts, Committee, Roadies, Promotions, Conductors, Players, Parents (chauffers) and Listeners.*



COMMITTEE MEMBERS & PHONE Nos:

President: George McDonald	0412 933 635
Vice-President: Tjaart van der Walt	38495690 or 0424688937
Treasurer: Joy Lovey	3824 2861 or 0400 529 451
Secretary: Charis Burridge	3134 0362 or 0466 560 019
Property Officer: Allan Guldbaek	3829 0234 or 0417404972
Publicity Officer: Luke Kinman	0432 035 142
Library Officer: Glen Vieritz	38290234
Concert Band Rep: Zoe Arthy	0400 103 661
Wind Ensemble Rep: Brad Ledger or Lisa Clark	38210823 38228833
Inaccord Rep: Glen Vieritz	3829 0234

CONDUCTOR'S PHONE NUMBERS:

Concert Band: John Allen	3822 9593
Wind Ensemble Band: Allen Clark	0419 671 490
Beginner's Band: Reece Jarman	0424 517 012
Big Band: Rob Bridges	3391 1331
Stage Band: Kym Hall	0412 601 934
Big Band Rep: Chris Smith	34880578
Stage Band Rep: Chris Roberts	32078504
Beginner's Rep: Cynthia McCluskey	38211223

FOR BETTER OR WORSE 1



The compiling of this Newsletter is the final responsibility of the RCB Publicity Officer Luke Kinman. Luke has asked me to assist him with this task and I have happily agreed to this. Before I go, Archimedes, she say: "STY". I hope you enjoy what is presented here.

Ayla